GVV Exercise: A Tale of Two Stories

Part I

1. Recall a time in your experience when your values conflicted with what you were expected to do in a particular, non-trivial decision, and you spoke up and acted to resolve the conflict. What did you do, and what was the impact?

2. Based on your answer to Question 1, what motivated you to speak up and act?

3. Based on your answer to Question 1, how satisfied are you? How would you like to have responded? (This question is not about rejecting or defending past actions but rather imagining your ideal scenario.)

4. Based on your answer to Question 1, what things made it easier for you to speak/act (the “Enablers”)? (Both things within your own control and things within the control of others.)
5. Based on your answer to Question 1, what things made it harder for you to speak/act (the “Disablers”)? (Both things within your control and things within the control of others.)

Part II

6. Recall a time in your experience when your values conflicted with what you were expected to do in a particular, non-trivial decision, and you did not speak up or act to resolve the conflict. What did you do, and what was the impact?

7. Based on your answer to Question 6, why didn't you speak up or act? What would have motivated you to speak up or act?

8. Based on your answer to Question 6, how satisfied are you? How would you like to have responded? (This question is not about rejecting or defending past actions but rather imagining your ideal scenario.)
9. Based on your answer to Question 6, what things would have made it easier for you to speak/act (the “Enablers”)? (Both things within your control and things within the control of others.)

10. Based on your answer to Question 6, what things made it harder for you to speak/act (the “Disablers”)? (Both things within your control and things within the control of others.)